

OF ROCK ISLAND COUNTY 4709 44 STREET, SUITE 5 ROCK ISLAND, IL 61201 PHONE:(309) 793-3460

NEWS FOR FRIENDS OF THE YOUTH SERVICE BUREAU OF ROCK ISLAND COUNTY

SERVING THE QUAD CITIES AREA SINCE 1972

Therapeutic Writing Groups Promote Emotional Expression in Youths

Thirty-nine children attending the Martin Luther King Center's Summer Camp, met with YSB Counselor Johnnie Woods for a therapeutic writing group. Some of the participants wrote poems while others wrote stories. Johnnie's goal was to introduce children to the experience of emotional expression through the written word.



The follow story - Second Chance - was written by Braxton Crawford

Trevor Stevenson lost control of his car. It seemed to disobey his commands and seemed to have a mind of its own. Sudden thoughts of death filled his head. "It can't be my time," he thought to himself. "It's too early, I haven't accomplished enough!" He could easily die. In one split second his life could be lost.

Thoughts of his wife dominated his mind. He loved her. It pained him that he might never capture a glimpse of her beauty again, but then he thought about his career. It was an aspect of his life that he took seriously. He thought about the nights he fell asleep in his office, his head resting against the scattered papers on his desk.

He had always thought of home as the place where he lived, a place to relax. And now it was a place he might never see again. He thought of his wife, the woman he loved so very much. The woman he committed his life to. Would this moment on this lonely road take it all away from him?

Trevor desperately clutched the steering wheel. He wished he could wind back time and be with his wife instead of staying late in the office. He would go home, the place where he could always be himself. He felt blackness and death around him. He desperately wanted to escape it. Suddenly the car seemed to regain stability. Trevor's heart was pounding as the car stopped. He breathed heavily and buried his head in his palms.

Had his wish come true? Had he been given a second chance? Was it a wake-up call? Trevor started the engine and headed toward home. For the first time, he had an overwhelming appreciation for his life, his wife and his home. When he pulled into the driveway, the neighborhood seemed quiet. He could hear insects singing a steady and familiar sound. He thought: how sweet the sound!

He got out the car and entered his house. It was dark and he fumbled around for the light switch. When he turned the light on, the light illuminated the familiar mirror in the hallway. His face, looking back at him from the mirror, seemed different. He studied his reflection. Trevor thought past his short hair and skinny nose. He thought about how as a middle age man he had felt a sense of fulfillment, but before this day, he had not appreciated what a great life he had. A slight smile came over his face. For the first time in his life he felt grateful.

Trevor headed toward the bedroom and stood for a while watching his wife resting peacefully. She must have sensed his presence because she sat up to look at him. "Trevor!" she said as she rubbed her eyes. He replied, "Yes, honey. Don't worry, it's me. I'm home now."

August 2012

OUR MISSION

THE YOUTH SERVICE BUREAU EXISTS TO STRENGTHEN AND EMPOWER YOUTH, FAMILIES AND COMMUNITIES THROUGH EFFECTIVE COUNSELING PREVENTION AND LEADERSHIP.

YOUTH SERVICE BUREAU ENCOURAGES YOU TO SERVE THE COMMUNITY BY CONTRIBUTING TO UNITED WAY OF THE QUAD CITIES AREA. IF YOU WOULD LIKE TO DESIGNATE YOUR CONTRIBUTION TO PROGRAMS SERVING CHILDREN AND FAMILIES, PLEASE CONSIDER DESIGNATING YOUTH SERVICE BUREAU AS YOUR CONTRIBUTION RECIPIENT.





A Note of Thanks!

The <u>10th Annual YSB-Whitey Verstraete Memorial Golf Outing</u> was held on June 18th at Pinnacle Country Club.

Thank you to our Corporate Sponsors:





Ben & Lois Larson McAdams



Supporting Sponsors John Deere Jumer's Casino & Hotel The Verstraete Family South Moline Township





Also, many thanks to Hole Sponsors, Volunteers, and everyone who played in our golf outing!



<u>Nearly \$10,000 was raised to provide services to children and families in</u> <u>the Quad Cities Community!</u> **Please consider making a donation** by printing this contribution form and mailing your tax-deductible gift to the YSB at 4709 44 St., Suite 5, Rock Island, IL 61201. Donations may also be made via our website at www.ysbri.com Thank You.

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Charitable Contributions

The Youth Service Bureau of Rock Island County relies on the support of individuals, businesses, foundations and community organizations. Every gift, no matter the size, helps children and families in Rock Island County. The YSB would like to recognize the following donors who have contributed to our organization the past few months. Thank you for everything you have done to make our services possible.

YSB deeply regrets and respectfully apologizes for any omissions or errors. We strive for accuracy in acknowledging all of our donors who are a vital part of our success, however, mistakes do sometimes occur. Please call our office at 309-793-3460 regarding any omissions or corrections.

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